

# Interest still high for Seniors' Month

Although it seems as though every month, week, and day of the year is either dedicated to a special cause or is set aside to emphasize our appreciation for a particular target group, it's nice to see that interest hasn't dwindled when it comes to celebrating Seniors' Month in our area.

In fact, throughout the entire month of June events have been scheduled at South Centennial Manor (Iroquois Falls) and at the Rosedale Centre (Matheson) to mark this special month. The traditional annual Seniors' B.B.Q. will highlight Seniors' Month in Iroquois Falls. As usual, local dignitaries will be on hand to cook for Residents of South Centennial Manor as well as for seniors from the community. The centre court at South Centennial Manor provides the ideal location for this annual event, which will be held June 24th this year.

A Memorial Tree will be lit in the Manor's main courtyard to remember past Residents of South Centennial. Commemorative bulbs to light up this giant tree for the month of June can be purchased at the Manor for \$10 each.

Other activities planned for this year's celebration include a community yard sale on June 11<sup>th</sup> between 10:00am and 2:00pm at the Manor. There will also be a draw for a quilt and an AquaVu underwater camera with all proceeds going to Resident enhancement.

Over at the Rosedale Centre, this year's Seniors Month slogan "Active Living – It's For Life", is part of the routine. All year long Rosedale Residents host birthday parties, enjoy live music, and participate in exercise classes. To celebrate Seniors' Month Rosedale is planning a series of bingos and organizing movie nights by screening films in both French and English. Finally, everyone is getting ready to go out for ice cream at a local restaurant.

Visitors and volunteers are a big part of Seniors' Month and add a lot of life to South Centennial Manor and the Rosedale Centre throughout the year. Take some time to plan your own visit to these residences and learn how you can enrich the lives of our community's parents and grandparents. For more information call the South Centennial Manor at 258-3836 or the Rosedale Centre at 273-2424.