



# MICs Group of Health Services

Matheson – Iroquois Falls – Cochrane

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## Considering a Career in Health Care? There are plenty to choose from!

### **Physiotherapist** ([www.collegept.org](http://www.collegept.org))

Physiotherapists have the skills and competencies to support individuals and populations across the continuum of care, including health promotion and illness prevention, self-management, treatment and rehabilitation. Physiotherapists can assess and treat individuals across the life-span who have illness, injury or disability affecting the neuro-musculoskeletal, cardiopulmonary, vascular, and neurological systems. They also promote wellness and increased quality of life through education, specialized programming and a holistic approach to care.

Physiotherapists work with clients of all ages and with a wide range of health conditions. Whether it's pain management and rehabilitation from an acute injury like a sprained ankle, or management of chronic conditions such as diabetes or heart disease, a physiotherapist can help. But physiotherapy is not limited to rehabilitation of injury and the effects of disease or disability. A physiotherapist also provides education and advice for health promotion, disease and injury prevention.

#### **Education Requirements:**

Physiotherapists in Ontario complete a Masters degree at one of the five Ontario Universities, a Canadian university outside Ontario or if an individual is educated outside of Canada their education is reviewed by the Canadian Alliance of Physiotherapy Regulators to ensure that it is substantially equivalent to the content of a Canadian physiotherapy/physical therapy program. There are five universities in Ontario which offer physiotherapy programs. These are all Master level programs.

- McMaster University, Hamilton
- Queen's University, Kingston
- University of Ottawa, Ottawa
- University of Toronto, Toronto
- Western University, London

**Employment Opportunities** –Physiotherapists work in a broad range of settings providing client and/or population health interventions as well as management, educational, research and consultation services. Physiotherapy can be accessed in the community at private clinics and through home care services, and in primary care settings as well. Physiotherapy services are often affiliated with retirement residences and child development centres. If you are admitted to the hospital for surgery, such as a joint replacement or heart surgery, chances are likely that the physiotherapist was an important member of your health care team. If you are interested in working as a Physiotherapist in Canada, you will be pleased to know that the job outlook for your occupation in Canada is extremely positive!